



## FOOTHILLS ADULT CARE ENRICHMENT SERVICES

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**Mission:** FACES aims to excel in providing quality care, exceed expectations, and support seniors, their families, and the community to overcome barriers and promote a purpose driven life for seniors receiving supports.

### Our Facility

Our facility is located in Maryville, Tennessee and will be the first licensed facility in Blount County. The facility has undergone a total renovation to better suit the needs of our program. We offer tours by appointment.

The facility offers communal dining and group activity spaces, as well as lounges and interest areas to work on existing hobbies, or to explore new interests such as billiards, group games, literary works, crafts, technology, or carpentry.

### Our Programming

A meaningful life should include activities that foster the whole person, which is why fitness, creative arts, and outcome driven skills are built into our programming every day.

The center provides programming Monday thru Friday (hours 7:30am-6:00pm) to provide daytime care to seniors in a safe and social environment.

Because much of our ability to help someone is dependent on routines, we do ask for attendees to enroll a minimum of 2 days per

### What is Adult Day Care?

An **adult day care center** is day facility that supports the health, nutritional, social, and daily living needs of adults in professionally staffed, group settings.

#### FACES

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**F.A.C.E.S**  
**FOOTHILLS ADULT CARE ENRICHMENT SERVICES**

**Daily Routine**

**8:00- 9:00 Sign- In and Light Breakfast**

**9:00-10:00 Coffee Club/ Remember When**

**10:00- 10:30 Music and Movement**

**10:30- 11:00 Laughter and Inspiration**

**11:00 – 12:00 Group Activity in Community Room**

**12:00- 1:00 Lunch**

**1:00- 2:30 Happy Hour (Interest Areas)**

**2:30- 4:00 Snack and Group Activity in Community Room**

**4:00- 5:30 Homeward Bound**